

# INDEX

## ENTREES

BBQ Beef Rib Patty . . . . .	1
BBQ Pork Rib Patty . . . . .	1
BBQ, Tomato Based . . . . .	1
BBQ, Vinegar Based . . . . .	1
Cheese, American, Light- Scheiber . . . . .	1
Cheese, Cheddar, Great Lakes . . . . .	1
Cheesy Garlic Flatbread. . . . .	2
Chicken, Asian New Orleans . . . . .	2
Chicken, Asian Spicy . . . . .	2
Chicken Nuggets . . . . .	2
Chicken Patty . . . . .	2
Chicken Rings . . . . .	3
Chicken Salad . . . . .	3
Chicken Smackers . . . . .	3
Chicken Patty, Spicy . . . . .	3
Chicken Tenders . . . . .	3
Corn Dogs . . . . .	4
Corn Dog Nuggets . . . . .	4
Fish Treasures . . . . .	4
Fish Wedges . . . . .	4
French Toast Sticks . . . . .	4
Grilled Cheese . . . . .	4
Ham, Turkey . . . . .	5
Hamburger, Beef Patty . . . . .	5
Hot Dog, turkey . . . . .	5
Macaroni & Cheese . . . . .	5
Nachos . . . . .	5
Pierogies . . . . .	5
Pizza, French Bread, Garlic . . . . .	6

Pizza, Elementary- Big Daddy . . . . .	6
Pizza, Middle School- Tony's . . . . .	6
Pizza, Middle School- Specialty Papa John's. . . . .	7
Pizza Dippers . . . . .	7
Quesadillas . . . . .	7
Salads, Entrée . . . . .	7
Sausage Patty . . . . .	8
Sliders (Mini Burger) . . . . .	8
Spaghetti . . . . .	8
Steak Nuggets . . . . .	8
Subs, deli . . . . .	8
Tacos . . . . .	8
Tuna Fish . . . . .	9
Turkey, deli . . . . .	9
Uncrustables, Peanut Butter & Jelly . . . . .	9
Vegetarian Meal (Yogurt) . . . . .	9

**BREADS**

Biscuits . . . . .	10
Crackers . . . . .	10
Croissants . . . . .	10
Dinner Roll . . . . .	10
Hamburger Bun (whitewheat) . . . . .	10
Hamburger Bun . . . . .	10
Hot Dog Bun (whitewheat) . . . . .	11
Hot Dog Bun . . . . .	11
Sub Roll . . . . .	11
Wheat Bread . . . . .	11
White Bread . . . . .	11

**FRUITS/VEGETABLES**

Apples, Spiced . . . . .	12
Beans, Green, canned . . . . .	12
Carrots, baby . . . . .	12
Corn, canned . . . . .	12
French fries . . . . .	12
Fries, Lattice cut . . . . .	12
Fruited Jello . . . . .	12
Juices, Orange, Apple, or Fruit blend. . . . .	12
Peas, canned . . . . .	12
Potatoes, Mashed . . . . .	12
Sherbet, Luigi . . . . .	12-13
Sweet Potato Puffs . . . . .	13
Soup, tomato . . . . .	13
Soup, vegetable . . . . .	13

**OTHER**

BBQ Sauce . . . . .	13
Dressing, Fat Free French . . . . .	13
Dressing, Fat Free Italian . . . . .	13
Dressing, Fat Free Ranch . . . . .	13
Gravy, brown . . . . .	13
Gravy, Chicken . . . . .	13
Hot Sauce . . . . .	14
Margarine Cups . . . . .	14
Mayonnaise Packets . . . . .	14
Pancake Syrup . . . . .	14
Salsa . . . . .	14
Sweet & Sour Sauce . . . . .	14

Taco Sauce	14
Tarter Sauce	14

**BREAKFAST**

Cereals, All Varieties Kelloggs	15
Donut, glazed	16
Donut, Powdered	16
Donut, proball, glazed.	16
Donut, proball, cinnamon.	16
Donut, proball powdered.	16
Egg & Cheese Biscuit	17
French Toast	17
Ham & Cheese Biscuit.	17
Pancakes, Mini	17
Pizza, Breakfast Sausage and Gravy	17
Sausage Biscuit	17

# ENTREES

**BBQ Beef Rib Patty** (Pierre #3716)- Ground beef (not more than 26% fat), Honey bbq sauce (high fructose corn syrup, distilled vinegar, tomato paste, corn syrup, honey, molasses, water, salt, natural flavor , modified corn starch, natural hickory smoke flavor, spices, onion powder, garlic powder, sodium benzoate (preservative), caramel color, sugar) water, textured vegetable protein product (soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper, gluconate , Vitamin A Palmitate, calcium pantothenate, thiamin mononitrate (B1), pyridoxine hydrochloride (B6), , riboflavin (B2), cyanocobalamin (B12), seasoning (tomato powder, dextrose, brown sugar, artificial vinegar, powdered worchestershire sauce (corn syrup solids, salt, garlic powder, sugar, spices, soy sauce solids[wheat, soybeans, salt, maltodextrin, caramel color) , tamarinds, natural flavorings), spices extractives, onion powder, natural smoke flavor, garlic powder, honey, salt, sodium phosphates.  
CONTAINS WHEAT, SOY & MILK

**BBQ Pork Rib Patty** (Pierre #3817)- Ground pork (not more than 30% fat), honey bbq sauce (high fructose corn syrup, distilled vinegar, tomato paste, corn syrup, honey molasses, water, salt, natural flavor, modified corn starch, natural hickory smoke flavor, spices, onion powder, garlic powder, sodium benzoate (preservative), caramel color, sugar) water, textured vegetable protein product (soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper, gluconate , Vitamin A Palmitate, calcium pantothenate, thiamin mononitrate (B1), pyridoxine hydrochloride (B6), , riboflavin (B2), cyanocobalamin (B12), seasoning: (tomato powder, dextrose, brown sugar, artificial vinegar, powdered Worcester sauce (corn Syrup solids, salt, garlic powder, sugar, spices, soy sauce solids (wheat, soybeans, salt, maltodextrin, caramel color), tamarinds, natural flavor), spices extractive, onion powder, natural smoke flavor, garlic powder), honey salt, and sodium phosphates.  
CONTAINS WHEAT, SOY & MILK

**BBQ, Tomato Based** (Brookwood farms #12305)- Boneless pork shoulder picnic, ketchup (tomato concentrate, distilled vinegar, high fructose corn syrup, salt, onion powder, spice, natural flavoring), vinegar, water, brown sugar, molasses, worchestershire sauce (water, vinegar, salt, corn sweetener, hydrolyzed soy protein, citric acid, caramel color, flavorings, silicon dioxide, black pepper), mustard (water, distilled vinegar, mustard seed, mustard bran, salt, turmeric), vegetable oil, salt, red pepper, black pepper. CONTAINS SOY

**BBQ, Vinegar Based** (Chandler #20500)- Pork boston butt/shoulder, sauce (water, vinegar, sugar, salt, mustard (water, distilled vinegar, mustard seed, salt, turmeric), spices, sauce base (water, salt, caramel color, molasses, vinegar, dextrose, sugar, natural flavors, mustard, natural smoke flavor, malic acid, spices, hydrolyzed (corn, wheat, soy) proteins, texture vegetable protein (soy flour, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamin mononitrate (B1), pyridoxine hydrochloride (B6), riboflavin (B2), cyanocobalamin (B12)  
CONTAINS WHEAT & SOY

**Cheese, American Light** (Schreiber #2416/USDA 2407)- Cultured milk and skim milk, water, whey, salt, salt, potassium citrate, modified food starch, sodium citrate, cream, sorbic acid (preservative), lactic acid, artificial color, enzymes, soy lecithin.  
CONTAINS MILK & SOY

**Cheese, Cheddar** (Great Lakes #18340)- Water, partially hydrogenated soybean oil, casein and or caseinate, modified food starch, sodium aluminum phosphate, salt, corn starch, lactic acid, sodium citrate, sodium phosphate, sorbic acid as a preservative, annatto (color) and oleoresin paprika (color), potato starch and powdered cellulose added to prevent caking.

**Cheesy Garlic Flatbread** ( Schwann's #73341)- **Crust:** enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, defatted soy flour, yeast, soybean oil, isolated soy protein, sugar, glucono-delta-lactone, datem, sodium bicarbonate, salt, dough conditioners (wheat starch, L-cysteine, hydrochloride, ammonium sulfate). Toppings: Low moisture part skim mozzarella cheese, (pasteurized milk cultures, enzymes), mozzarella cheese substitute (water, vegetable corn oil and/or soy oil), cheese solids, modified food starch, rennet casein, sweet whey, nonfat dry milk, sodium aluminum phosphate, salt, carrageenan, magnesium oxide, ferric orthophosphate, vitamin A palmitate, niacinamide, zinc oxide, pyridoxine hydrochloride (Vit B6), cyanocobalamin. **Sauce:** Water, garlic sauce mix (maltodextrin, nonfat dry milk, partially hydrogenated soybean oil, modified food starch, natural butter flavor (maltodextrin, natural butter flavor), garlic, salt, hydrogenated corn protein, sodium, caseinate). **Garlic Topping:** Garlic spice  
CONTAINS WHEAT, SOY & MILK

**Chicken, Asian New Orleans** ( Asian Food Solutions # 73002)- Chicken thigh strips (with water, salt, soybeans, sugar, wheat flour, caramel color, lactic acid, sodium benzoate) isolated soy protein product, mushroom flavored soy sauce (water, salt, soybeans, sugar, wheat flour), caramel color, sugar, natural and artificial flavor, disodium 5-inodinate and disodium 6-guanylate, sodium benzoate), seasoning (sugar, pepper, mustard seed, garlic, wheat flour, fructose, thyme, celery seed, xanthan gum, basil, maltodextrin autolyzed yeast extract, soybean oil, salt), autolyzed yeast and potassium chloride, potassium phosphate), brown sugar, oyster flavored sauce [oyster extractives (oyster, water, salt), sugar, water, salt, modified corn starch, caramel color], water modified food starch, sherry wine reduction, modified potato starch. CONTAINS DAIRY, SOY & WHEAT

**Chicken, Asian Spicy** ( Asian Food Solutions # 73003)- Chicken thigh strips [with water, soy sauce (water, salt, soybeans, sugar, wheat flour, caramel color, lactic acid, sodium benzoate), isolated soy protein product, mushroom flavored soy sauce (water, salt soybeans, sugar, wheat flour), caramel color, sugar, natural and artificial flavor, disodium 5-inodinate and disodium 6-guanylate, sodium benzoate), seasoning (sugar, pepper, mustard seed, garlic, wheat flour, fructose, thyme, celery seed, xanthan gum, basil, maltodextrin autolyzed yeast extract, soybean oil, salt), autolyzed yeast and potassium chloride, potassium phosphate), water, oyster flavored sauce [oyster extractives (oyster, water, salt), sugar, water, modified corn starch, caramel color], soy sauce (water, salt, soybeans, sugar, wheat flour, caramel color, lactic acid sodium benzoate) **Sauce:** Brown sugar, modified food starch, garlic powder, spices, mushroom flavored soy sauce (water, salt, soybeans, sugar, wheat flour), caramel color, sugar, natural and artificial flavor, disodium 5-inodinate and disodium 6-guanylate, sodium benzoate), crushed chili peppers, modified potato starch, sherry wine reduction, chicken flavor (maltodextrin, chicken broth, salt, disodium inosinate and disodium guanylate), soybean oil. CONTAINS DAIRY, SOY & WHEAT

**Chicken Nuggets** ( Tyson #2155)- Chicken, water, textured soy protein, isolated soy protein with less than 2% soy lecithin, seasoning (corn syrup solids, brown sugar, dextrose, salt, vinegar powder (maltodextrin, modified corn starch, dried vinegar), garlic powder, onion powder, chicken type flavor (hydrolyzed corn gluten, autolyzed yeast extract, sunflower oil, disodium inosinate, disodium guanylate), sodium acid pyrophosphate. Breaded with: Whole wheat flour, enriched bleached wheat flour (enriched with niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, modified wheat starch, salt, soybean oil, spice, yellow corn flour, paprika, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), garlic powder, natural flavor, extractives of turmeric, fumaric acid. Breeding set in vegetable oil. CONTAINS SOY AND WHEAT

**Chicken Patty** (Pilgrim's Pride #110113)- Chicken breast with rib meat, water, dried whole egg, salt, seasoning (salt, onion powder, modified food starch, natural flavoring), sodium phosphate. Breaded with: Enriched bleached wheat flour (Enriched with niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), water, enriched wheat flour (Enriched with niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), modified corn starch, salt, spices, dextrose, dried garlic, paprika and annatto, soybean oil, extracts of paprika, xanthan gum, natural flavor. CONTAINS WHEAT AND EGG

**Chicken Rings** (Pilgrim's Pride #46917)- Chicken, water, dried whole egg, salt, sodium phosphate. Breaded and predested with: Enriched flour (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid) salt, dried whey, dextrose, spice, partially hydrogenated soybean and/or cottonseed oil), paprika, turmeric extracts. Battered with: water, enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), spices, salt, leavening (sodium bicarbonate, sodium aluminum phosphate).

**Chicken Salad**- Chicken, celery, relish and mayonnaise (Water, soybean oil, modified food starch, egg yolks, distilled and cider vinegar, high fructose corn syrup, salt, sugar, lemon juice, spice, xanthan gum, potassium sorbate (preservative), D, L, alpha tocopherol acetate (vitamin E), beta carotene (color), natural flavors.

CONTAINS SOY

**Chicken Smackers** (Goldkist #110453)- Chicken, water, modified food starch, salt, sodium phosphate. Breaded with: Bleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), salt, rice flour, spices, leavening (sodium acid pyrophosphate, sodium bicarbonate), dextrose, yeast, extracts or paprika. Battered with: water, bleached enriched wheat flour (enriched with niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), food starch modified, salt, rice flour, sugar, dried cultured milk, milk whey, seasonings (dried onion, dried garlic), powdered cellulose, natural flavor (polysorbate and lactic acid), disodium inosinate, disodium guanylate. Predusted with: Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), modified corn starch, yellow corn flour, salt, tapioca maltodextrin, xanthan gum, natural flavor, dextrose, propyl gallate, citric acid. Breeding set in vegetable oil.

CONTAINS MILK AND WHEAT

**Chicken Patty, Spicy** (Goldkist #6652): White Chicken, water, dried whole eggs, Vegetable protein product (isolated soy protein, magnesium oxide, zinc oxide, niacinamide, ferrous sulfate, Vitamin B-12, copper gluconate, vitamin A palmitate, calcium panthothenate, pyridoxine hydrochloride, thiamin mononitrate, riboflavin), salt, onion powder, garlic powder, sugar, sodium phosphate, white pepper. **Breaded with:** Bleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), salt, spices, leavening (sodium bicarbonate, sodium aluminum phosphate, sodium acid pyrophosphate), dextrose, garlic powder, fumeric acid, gum arable, extract of paprika, Spice extracts, less than 2% of silicon dioxide (preent caking). **Battered with:** enriched wheat flour (niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), salt, modified corn starch, spices, yellow corn flour, leavening (sodium bicarbonate, monocalcium phosphates, sodium acid pyrophosphate), garlic powder, onion powder, gum arable, extract of paprika, Spice extracts, FD&C Yellow #6. Breeding set in vegetable oil.

CONTAINS EGG, SOY & WHEAT

**Chicken Tenders** (Goldkist #6241 &6243)- White Chicken meat, water, vegetable protein product (isolated soy protein, magnesium oxide, zinc oxide, niacinamide, ferrous sulfate, Vitamin B-12, copper gluconate, vitamin A palmitate, calcium panthothenate, pyridoxine hydrochloride, thiamin mononitrate, riboflavin), Dried whole egg, salt, sugar, sodium phosphate, white pepper, onion powder, garlic powder. Breaded with: Enriched bleached wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), yellow corn flour, salt, spices, leavening (sodium bicarbonate, sodium aluminum phosphate, moocalcium posphate), soybean oil, dried whey, sugar, yeast, dehydrated bell pepper, dried garlic, dried onion. Battered and predested with: water, bleached enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), yellow corn flour, salt, spices, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate ), dextrose dried whey, hydrolyzed corn protein, caramel color, yeast extract, soybean oil, extractives of paprika, annatto and lactic acid. Breeding set in vegetable oil.

CONTAINS EGG, MILK, SOY & WHEAT

**Corn Dogs, Whole Wheat** (Foster Farm #95150)- **Batter:** water, whole wheat wheat flour (enriched with yellow corn meal, niacin, iron, thiamine, mononitrate, riboflavin, folic acid), sugar, enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine monoitrate, riboflavin, folic acid),yellow corn flour, soy flour, leavening (sodium acid pyrophosphate, sodium bicarbonate), soybean oil, salt, egg whites, artificial flavor. Fried in vegetable oil **Frank:** Mechanically separated chicken, water, corn syrup solids, contains 2% or less of salt, spices, potassium lactate, sodium phosphate, flavorings, sodium erythorbate, sodium diacetate, sodium nitrate.  
CONTAINS EGG, MILK, SOY, and WHEAT

**Corn Dog Nuggets, Whole Grain** ( House of Raeford #20420)- **Turkey frankfurter:** *separated* Turkey, water, salt, corn syrup solids, flavorings, dextrose, ascorbic acid (vitamin C), garlic powder, natural smoke flavoring, extractives of paprika, sodium nitrate. **Battered and Breaded with:** water, enriched whole grain wheat flour and corn meal (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, soy flour, leavening (sodium acid pyrophosphate, sodium bicarbonate) dextrose, egg yolks, non fat milk, salt, sodium caseinate.  
CONTAINS EGG, MILK, WHEAT and SOY

**Fish Treasures** ( Clear Springs #08893)- **Rainbow Trout**(Minced Trout meat, Water, salt, sodium phosphate). **Breading:** Enriched bleached wheat flour (bleached wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, enriched wheat flour(wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid) yellow corn flour, sugar, rice flour, salt, dextrose, yeast, partially hydrogenated soybean oil, whey, soy flour, , leavening (sodium bicarbonate, monocalcium phosphate), polysorbate 80, soybean oil. Vegetable oil (soybean oil with TBHQ to protect flavor), water, corn syrup solids, salt, onion powder, garlic powder.  
CONTAINS FISH, WHEAT, and SOY

**Fish Wedges** (Trident #476854)- 64.5% Alaska Pollack. **Batter/Breading** :35.5%- Enriched wheat flour (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, enriched bleached wheat flour (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), less than 2% of each of the following: corn starch, defatted soy flour, dried whey, egg white, food starch modified, salt, , leavening (sodium acid pyrophosphate, sodium bicarbonate), salt, sugar, vegetable oil shortening (soybean and cottonseed), yellow corn flour, parfried in vegetable oil (soybean or canola) CONTAINS FISH, WHEAT, SOY, EGG AND MILK

**French Toast Sticks , whole grain** (Michael's #37717)- Bread (Whole wheat flour, water, enriched bleach flour ( wheat flour, malted barley flour, niacin, iron, thiamine mononitrate[Vitamin B1], riboflavin [Vitamin B2], folic acid), high fructose corn syrup, yeast, wheat gluten, vegetable oil (soybean and/or cottonseed oils), contains 2% or less of each of the following: calcium sulfate, salt, yeast nutrients (monocalcium phosphate, calcium sulfate, ammonium sulfate), dough conditioners (may contain one or more of the following: mono- and diglycerides, ethoxylated mono- and diglycerides, ascorbic acid, enzymes, azodicarbonamide), corn starch, calcium propionate (preservative), guar gum, niacin (Vitamin 3), pyridoxine hydrochloride (Vitamin B6), riboflavin (Vitamin B2), thiamine mononitrate (Vitamin B1), vitamin A palmitate, calcium, reduced iron, Vitamin D3, soy lecithin, soy flour), water, soybean oil, enriched wheat flour[flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], enriched bleached wheat flour [flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], sugar, contains 2% or less of each of the following: artificial flavor, dextrose, dried egg, dried whey, gelatinized wheat starch, , leavening (sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum phosphate),modified wheat starch, nonfat dry milk, oleoresin paprika, salt, soy lecithin, soy flour.  
CONTAINS WHEAT, SOY, MILK AND EGGS

**Grilled Cheese:** **Bread** (see bread section). **American Cheese** (See entrée section) , **Buttermist** (canola oil, lecithin, concentrated natural butter flavor, salt, beta carotene, propellant.

**Ham, Turkey**- (House of Raeford #97263 or USDA) Turkey thigh meat, water, salt, corn syrup solids, brown sugar, sodium citrate, sodium phosphate, sodium diacetate, sodium erythorbate, sodium nitrate (May contain dextrose).

**Hamburger** (Pierre #3871 & 3771)- ground beef (not more than 20% fat), water, textured vegetable protein, [soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A, palmitate, calcium panthothenate, thiamin mononitrate (B-1), pyridoxine hydrochloride (B-6), riboflavin (B-2), cyanocobalamin (B-12)], seasoning (hydrolyzed corn protein, dextrose, salt, onion powder, spices), sodium phosphates, caramel color.

**Hot Dog** (Perdue #65669)- Mechanically separated turkey, water, salt, corn syrup, flavorings, sodium phosphate, paprika, sodium erythorbate, sodium nitrate.

**Macaroni & Cheese**: (Land-o-Lakes #43284) Cooked enriched pasta (water, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Reduced Fat American Cheese (cultured pasteurized milk and skim milk, salt, sodium phosphate, contains less than 2% of lactic acid, artificial color, Vitamin A palmitate enzymes) water, maltodextrin, contains less than 2% of natural flavor, water disodium phosphate, nonfat dry milk, autolyzed yeast extract, xanthan gum, potassium sorbate (preservative), butter (cream, salt), food starch-modified, xanthan gum. CONTAINS: WHEAT, MILK & EGGS

**Nachos: Chili** : ground beef (not more than 20% fat), kidney beans (kidney beans, water, salt, calcium chloride, disodium edta added as preservative), water, tomatoes( tomatoes, tomato puree, salt, calcium chloride, citric acid),Crushed Tomatoes (Tomato Concentrate (Water, tomato paste), salt, citric acid, basil leaf) Tomato Paste, textured vegetable protein, [soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium panthothenate, thiamin mononitrate (B-1), pyridoxine hydrochloride (B-6), riboflavin (B-2), cyanocobalamin (B-12), onions, green peppers, salt, chili powder,[chili pepper, spices, salt, silicon dioxide], sugar, food starch-modified, Spices, dehydrated garlic, caramel color. **Tortilla Chips** (Tostitos- Thick cut)- Whole Yellow Corn, vegetable oil (contains one or more of the following: corn, sunflower, or soybean oil), salt. **Cheese Sauce** (Lucky Leaf #37049 & 37072)- Cheese whey, modified food starch (corn), partially hydrogenated soybean and/or cottonseed oil, salt, maltodextrins, cheeses (cheddar cheese and blue cheese [cultured milk, salt, and enzymes]), monosodium glutamate, sodium phosphate, natural flavors, vinegar (in cheddar cheese sauce only), autolyzed yeast extract, sodium stearoyl-2-lactylate, color added (yellow 5 & 6) lactic acid, citric acid. {Nacho cheese also contains tomato paste, jalapeno peppers, and onions). CONTAINS MILK & SOY

**Pierogies**: (Mrs. T's # 00376) Enriched wheat flour and enriched durum flour (wheat flour, durum flour, niacin, ferrous sulfate [reduced iron], thiamin mononitrate, riboflavin, folic acid), water, **Processed American Cheese** (cheese [pasteurized milk, cultured milk, skim milk, cheese cultures, salt, enzymes, calcium chloride], water, cream, sodium citrate or sodium phosphate [emulsifier], milk fat, salt, sorbic acid, acetic acid or lactic acid [preservative], artificial color or annatto [color]). **Dehydrated Potatoes** (potatoes, mono & diglycerides, sodium acid pyrophosphate, citric acid), Whey Protein Isolate (whey protein isolate, soy lecithin), dry whole eggs, salt, spices. **Marinara Sauce**: (Angela Mia): tomatoes, sugar, salt, lemon juice, extra virgin oil, dried onions, spices, garlic powder, citric acid, xanthan gum, natural flavor. CONTAINS WHEAT, MILK, SOY & EGGS

**Pizza, French Bread, Cheesy Garlic :** Nardone's (#60GUM)- ***Crust:*** enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, contains 2% or less of soybean oil, salt, sugar, yeast, calcium propionate, and sodium propionate (preservative). Mono and diglycerides, dextrose, wheat flour, Datem, Ethoxylated mono and diglycerides, corn starch, calcium sulfate, malted barley flour, ammonium sulfate, ascorbic acid (dough conditioner), azodicarbonamide, polysorbate 60, Potassium iodate, proponic acid, enzymes, L-cysteine, phosphoric acid. ***Cheese:*** Low moisture part skim mozzarella cheese [culture pasteurized part skim milk, salt and enzymes]. ***Sauce:*** Soybean oil, water, garlic juice, salt, natural flavors (contain milk), garlic, sodium acid sulfate, potassium sorbate (preservative) xanthan gum, guar gum, sodium alginate, citric acid, oleoresin turmeric, calcium disodium EDTA (to protect flavor), oleoresin paprika.,  
CONTAINS MILK, WHEAT and SOY.

**Pizza (Elementary School)** (Big Daddy #78944 cheese & 78945pepperoni)- ***Crust:*** enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, white whole wheat flour, whey protein concentrate, cornmeal, yeast, isolated soy protein, soybean oil, butter flavored oil with garlic (partially hydrogenated soybean oil, natural garlic flavor, salt, artificial flavor, soy lecithin, beta carotene [color], Vitamin A palmitate), contains 2% or less: sugar, salt, wheat gluten, parmesan cheese, (pasteurized cultured part-skim milk, salt, enzymes), flavorings (wheat flour, modified food starch, artificial flavors), dough conditioners (whey, ammonium sulfate, L-cysteine), Datem, dextrose, malted barley flour, guar gum, soy lecithin, ascorbic acid, enzymes (enzymes, salt, wheat starch, dextrin) ***Mozzarella Cheese:*** Cultured pasteurized part skim milk, salt, enzymes. ***Sauce:*** Tomatoes (water, tomato paste [not less than 28% soluble solids], contains 2% or less : modified food starch, Parmesan cheese(pasteurized cultured part skim milk, salt, enzymes), salt, maltodextrin, spices, natural flavor (potassium chloride, maltodextrin, autolyzed yeast extract, modified food starch, dextrose, natural flavor, silicon dioxide and citric acid), paprika, granulated garlic, citric acid, onion powder, garlic powder. ***Pepperoni:*** pork ,(mechanically separated pork, beef, water, textured vegetable protein product\* (soy protein concentrate, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A, palmitate, calcium panthothenate, thiamin mononitrate (B-1), pyridoxine hydrochloride (B-6), riboflavin (B-2), cyanocobalamin (B-12)), salt , less than 2% of spices, dextrose, lactic acid starter culture, oleoresin of paprika, flavoring, sodium nitrite, BHA, BHT, with citric acid added to help protect flavor.  
\*Ingredient not in regular pepperoni. CONTAINS MILK, SOY & WHEAT.

**Pizza (Middle school)** (Tony's#74709cheese & 74710 pepperoni)- ***Crust:*** enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, relectithinated soy flour (defatted soy flour, soybean oil, soy lecithin), isolated soy protein, sugar, wheat gluten , salt. ***Cheese:*** Mozzarella cheese/ Mozzarella cheese substitute ( low moisture part skim mozzarella cheese (pasteurized milk cultures, enzymes), mozzarella cheese substitute (water, corn oil, nonfat dry milk, modified food starch, potassium chloride, sodium citrate, sodium aluminum phosphate, sodium tripolyphosphate, tri-calcium phosphate, magnesium oxide, ferric orthophosphate, vitamin A palmitate, niacinamide, zinc oxide, cyanocobalamin, pyridoxine hydrochloride, Vitamin B6. ***Sauce:*** Tomatoes (water, tomato paste [not less than 28% soluble solids], modified food starch, sugar, dextrose, salt, spices, onions, dehydrated romano cheese (sheep's and cow's milk, cheese cultures, salt, enzymes), garlic powder, paprika, citric acid, beet powder (dehydrated). ***Pepperoni:*** pork ,(mechanically separated pork, beef, water, textured vegetable protein product\* (soy protein concentrate, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A, palmitate, calcium panthothenate, thiamin mononitrate (B-1), pyridoxine hydrochloride (B-6), riboflavin (B-2), cyanocobalamin (B-12)), salt , less than 2% of spices, dextrose, lactic acid starter culture, oleoresin of paprika, flavoring, sodium nitrite, BHA, BHT, with citric acid added to help protect flavor. \*Ingredient not in regular pepperoni. (Contains 6.2% fat reduced pepperoni). CONTAINS MILK, SOY & WHEAT.

**Pizza (Middle school, Specialty)** (Papa John's #631401 cheese & #631402 pepperoni)- **Cheese:** Blend of Mozzarella cheese, modified food starch, whey protein concentrate and sodium citrate, part-skim milk (pasteurized milk, cultures, salt, enzymes), modified food starch, powdered cellulose (added to prevent caking), whey protein concentrate, sodium citrate, sodium propionate (preservative), **Crust:** Unbleached flour (wheat flour, malted barley flour, water, soybean oil, natural and artificial flavors (milk), dextrose, calcium propionate (preservative), soy lecithin. **Sauce:** Vine ripened fresh tomatoes, sunflower seed oil, sugar, salt, dehydrated garlic, extra virgin oil, spices, citric acid **Pepperoni:** pork and beef, salt, natural flavors, dextrose, lactic acid starter culture, oleoresin of paprika, natural hickory smoke flavor, sodium nitrite, BHA, BHT, citric acid  
CONTAINS MILK, SOY & WHEAT.

**Pizza Dippers** (Gilardi #77387-12685)- **crust:** Flour blend (enriched wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), whole wheat flour, soy flour), water, soybean oil, dextrose, baking powder ( sodium bicarbonate, sodium aluminum sulfate, cornstarch, monocalcium phosphate, calcium sulfate), salt, yeast (yeast, starch, sorbitan monostearate, ascorbic acid), dough conditioner (wheat flour, salt, soy oil, L-cysteine, ascorbic acid, fungal enzyme), wheat gluten. **Shredded Mozzarella Cheese:** Pasteurized part skim milk, cheese cultures, salt, enzymes), Shredded Mozzarella Cheese Substitute: Water, oil (soybean oil, partially hydrogenated soybean oil with citric acid), casein, milk protein concentrate, modified food starch, contains 2% or less of the following: sodium aluminum phosphate, salt, lactic acid, mozzarella cheese type food (cheese [milk culture, rennet, salt], milk solids, disodium phosphate), disodium phosphate, sorbic acid, nutrient blend (magnesium oxide, zinc oxide, calcium pantothenate, riboflavin, and vitamin B-12, vitamin A palmitate. Releasing agent: water, mono and diglycerides, polysorbate 60 and soy lecithin, acetic acid and citric acid, potassium sorbate, propyl gallate, sodium benzoate, polydimethylsiloxane, cellulose gum. **Marinara Sauce** (Angela Mia): tomatoes, sugar, salt, lemon juice, extra virgin oil, dried onions, spices, garlic powder, citric acid, xanthan gum, natural flavor. (Marinara: USDA) Tomato puree (water, tomato paste) dextrose and/or corn syrup, modified potato starch, salt, soybean oil, citric acid, basil, oregano, black pepper, parsley, natural onion & garlic flavor.  
CONTAINS WHEAT, SOY & MILK

**Quesadilla, cheese** (Tasty Brands #25101)-**Cheese Filling:** Pasteurized Process white cheddar cheese (cheddar cheese [cultured milk, salt, enzymes], water, enzyme-modified cheese [cultured milk water, salt, sodium phosphate, cream, sodium citrate, enzymes, sorbic acid (preservative), artificial color], sodium phosphate, salt sorbic acid (preservative), sodium pyrophosphate, lactic acid), red sauce (water, tomato paste [tomatoes], vinegar, chili powder [chili peppers, spices, salt], paprika, salt, modified food starch, cumin, garlic powder, onion powder). **Tortilla:** enriched bleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, vegetable shortening (soybean oil, hydrogenated soybean oil), and contains less than 2% of the following: leavening (sodium bicarbonate, sodium aluminum sulfate, corn starch, monocalcium phosphate, and/or sodium acid pyrophosphate, calcium sulfate), salt, sugar, calcium propionate, and sorbic acid and or potassium sorbate (preservative), dough conditioners (fumaric acid, sodium metabisulfate, and/or mono and diglycerides), Sealant: Guar gum.  
CONTAINS MILK, WHEAT and SOY

**Salads- Base Mix-** Salad mix with romaine, carrots and red cabbage, cucumber, and tomato. Served with crackers (see breads)

**Cheese Salad-** Salad mix, American Cheese (see Cheese)

**Salad with Chicken Smackers-** Salad Mix , Chicken Smackers – see Chicken Smackers

**Salad with Ham and Cheese-** Salad mix, American cheese (see Cheese), Turkey Ham (see Ham)

**Salad with Fajita Strips-** Salad Mix, American Cheese (see cheese) and **Fajita Strips:** Chicken, water, seasoning (salt, sugar, spices, onion powder, garlic powder, maltodextrin, chili powder [salt, cumin, oregano, garlic, chili powder, red pepper], natural grill flavor, citric acid), modified food starch, sodium phosphate.

**Salad with Turkey and Cheese-** Salad Mix, American Cheese (see cheese), turkey (see turkey)

**Sausage Patty** (Pierre #3750) -ground pork (not more than 20% fat), seasoning (dextrose, flavorings, hydrolyzed corn protein, caramel color), salt. (**or Jones #018740**)- Ground pork (not more than 30% fat), water, vegetable protein product (Isolated soy protein, magnesium oxide, niacinamide, ferrous sulfate, Vitamin B12, copper, gluconate, Vitamin A Palmitate, calcium pantothenate, pyridioxide hydrochloride, thiamin mononitrate, riboflavin), salt, spices, dextrose, sugar.

**Sliders(mini cheeseburgers w/mini bun):** (Advance #10712) **Burger:** ground beef (not more than 20% fat), salt, caramel color. **Bun:** Enriched flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, vital wheat gluten, yeast, salt, soybean oil, contains 2% or less of the following: mono & diglycerides (as crumb softeners), calcium propionate (mold inhibitor) amyloitic enzymes (to prevent staling), dough conditioners (sodium stearoyl, lacylate, cazodicarbonamide, ascorbic acid).  
CONTAINS WHEAT & SOY

**Spaghetti** (Culinary Standards #91751)- **Sauce:** ground beef (not more than 20% fat), tomato paste (Not less than 31% soluble solids), water, crushed tomatoes (Tomato Concentrate (Water, Tomato Paste), salt, citric acid, basil leaf, onions, sugar, salt dehydrated garlic, spices, beet powder (Juice of Red Beets, Maltodextrin, citric acid) **Spaghetti Noodles:** semolina (with niacin, iron, [ferrous sulfate], thiamin, mononitrate, riboflavin, folic acid.

**Steak Nuggets** (Pierre #3711 & 3811)- ground beef (not more than 20% fat), enriched wheat flour, (niacin, ferrous sulfate, thiamin, mononitrate, riboflavin, folic acid), water, modified food starch, salt, sodium phosphates, buttermilk powder (sweet cream and whey cream)spices, dried egg whites, flavor (lactic acid, buttermilk powder, citric acid, modified food starch, natural flavor, maltodextrin), wheat gluten, yellow corn flour, dextrose, leavening (sodium bicarbonate, sodium aluminum phosphate, sodium acid pyrophosphate), yeast, onion powder, oleoresin, paprika, monoglycerides, spice extractive, citric acid, dried whey, soybean oil.  
CONTAINS WHEAT, SOY & MILK

**Subs (Deli)**- See below for ingredients in varies Subs.

**Ham & Cheese Sub-** Ham, turkey (see Ham), Cheese (see cheese, American) , sub Roll (see bread)

**Turkey & Cheese Sub-** turkey (see turkey), Cheese (see cheese, American) , sub Roll (see bread)

**Turkey, Ham & Cheese Sub-** Ham, turkey (see Ham ), turkey (see turkey), Cheese (see cheese, American) , sub Roll (see bread)

**Tacos: Taco Filling** (Culinary Standards #83119)- ground beef (not more than 20% fat), water, crushed tomatoes (water, tomato paste, salt, citric acid, basil leaf), textured vegetable protein, [soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A, palmitate, calcium panthothenate, thiamin mononitrate (B-1), pyridoxine hydrochloride (B-6), riboflavin (B-2), cyanocobalamin (B-12)], onions, chili powder,[chili pepper, spices, salt, silicon dioxide], salt, spices, sugar, food starch-modified, dehydrated garlic, dehydrated onion, beet powder (juice of red beets, maltodextrin, citric acid), caramel color, Tabasco seasoning (aged red pepper, vinegar, salt). **Tortilla Shells** (Mission Flour Tortilla #10400): Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified Soybean Oil, Hydrogenated Soybean Oil and/or Palm Oil), contains 2% or less of each of the following: Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate), Distilled Monoglycerides, Wheat Starch, Alpha Amylase, Tricalcium Phosphate, BHT, Cellulose Gum, Dough Conditioners (Fumaric Acid, Sodium Metabisulfite), Preservatives (Calcium Propionate, Sorbic Acid and/or Citric Acid).

CONTAINS SOY, WHEAT

**Tuna Fish** - Canned Tuna, mayonnaise (Water, soybean oil, modified food starch, egg yolks, distilled and cider vinegar, high fructose corn syrup, salt, sugar, lemon juice, spice, xanthan gum, potassium sorbate (preservative), D, L, alpha tocopherol acetate (vitamin E), beta carotene (color), natural flavors.

CONTAINS FISH & EGGS

**Turkey, deli** (House of Raeford #97277) Turkey Breast, Turkey Broth, contains 2% or less Salt, Dextrose, Modified Food Starch, Carrageenan, Sodium Citrate, Sodium Phosphate, Natural Flavoring, Sodium Diacetate

**Uncrustables, Peanut Butter and Jelly**\*\* (Smuckers #06670) **Bread:** Enriched bleached flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate (B-1), riboflavin (B-2), folic acid), water, unbleached whole wheat flour, high fructose corn syrup, yeast, partially hydrogenated soybean oil and/or soybean oil, contains 2% or less of wheat gluten, salt, dough conditioners [may contain one or more of the following: diacetyl tartaric acid esters of mono and diglycerides (datem), mono and diglycerides, ethoxylated mono and diglycerides, sodium stearoyl lactylate, calcium peroxide, ascorbic acid, azodicarbonamide, L-cysteine) yeast nutrients (may contain one or more monocalcium phosphate, calcium sulfate, ammonium sulfate), calcium propionate, cornstarch enzymes (with wheat). **Peanut Butter:** Peanuts, dextrose, sugar, 2% or less of: partially hydrogenated vegetable oil (soybean and or cottonseed and or rapeseed), salt, molasses, mono and diglycerides (palm and/or soybean oil). **Grape Jelly:** grape juice, high fructose corn syrup, corn syrup, contains 2% or less of: pectin, citric acid, potassium sorbate (Preservative), sodium citrate. **Soy Filling:** Isolated soy protein, dextrose, salt soy lecithin.

**\*\*THIS PRODUCT IS A PREPACKAGED ITEM.**

CONTAINS PEANUTS, WHEAT AND SOY.

**Vegetarian Meal Yogurt:** **Yogurt:** (Upstate farms, peach #09618 or strawberry #09615 or cherry vanilla) Cultured pasteurized Grade A nonfat milk, sugar, water, peaches (peach flavor) or strawberries (for strawberry & Strawberry-banana flavor), or bananas (for strawberry-banana), modified food starch, whey, purple carrot concentrate (strawberry, straw-banana and cherry vanilla), natural flavors (peach), tricalcium phosphate, gellan gum, potassium sorbate, citric acid, annatto (Peach, cherry vanilla), carob bean gum, and vitamin D. **String Cheese** (Land-o-Lakes #59703): Pasteurized part-skim milk, cheese culture, salt, enzymes, vitamin A palmitate. **Graham crackers or Belly bear crackers:** **Graham Crackers:** Enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate (vitamin B-1), riboflavin (vitamin B-2), folic acid), partially hydrogenated soybean and/or cottonseed oil with TBHQ for freshness, sugar, whole wheat flour, honey, molasses, corn syrup, high fructose corn syrup, contains 2% or less of calcium carbonate, leavening (baking soda, sodium acid polyphosphate, monocalcium phosphate), salt, artificial flavor, soy lecithin. **Belly Bears:** Enriched flour (niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, canola oil. Graham flour, honey, calcium carbonate, leavening (baking soda, monocalcium phosphate), salt, natural flavor, soy lecithin  
Yogurt and cheese CONTAINS MILK. Graham crackers CONTAIN WHEAT AND SOY. Belly Bears contain WHEAT

# BREADS

**Biscuits** (Pioneer)3046- Enriched bleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate (B-1), riboflavin (B-2), folic acid), water, palm oil. Contains less than 2%: buttermilk, sugar, salt, sodium bicarbonate, soybean oil, whey, sodium acid pyrophosphate, food starch-modified, sodium aluminum phosphate, monocalcium phosphate, datem, soy lecithin, maltodextrin, dextrose, natural and artificial flavor.

CONTAINS ALLERGENS: WHEAT, MILK

**Crackers** (Sunshine 13058)- enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate (B-1), riboflavin (B-2), folic acid), hydrogenated soybean and/or cottonseed oil, salt, contains 2% or less of corn syrup, leavening (baking soda, yeast), malt extract, dextrose, soy lecithin.

CONTAINS WHEAT AND SOY.

**Croissants** (Hadley Farm #139)- Whole wheat flour, Enriched wheat flour (unbleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), water, , vegetable shortening(palm oil, soybean oil, soybean lecithin with mono and diglycerides, Vitamin A palmitate), sugar, contains 2% or less of the leavening (yeast, baking powder [sodium bicarbonate, cornstarch. Sodium aluminum phosphate, calcium sulfate, monocalcium phosphate], nonfat drymilk, salt, dough conditioners (datem, dextrose, ascorbic acid, L-cysteine, azodicarbonamide (ADA), enzymes, calcium stearoyl-2-lactylate ), eggs, wheat gluten, artificial flavor, preservatives(calcium propionate, potassium sorbate, citric acid).

CONTAINS EGGS, MILK, WHEAT AND SOY.

**Dinner Roll**- unbleached enriched wheat flour (flour, malted barley flour, niacin, reduced iron, thiamin mononitrate (B-1), riboflavin (B-2), folic acid (A B Vitamin), water, high fructose corn syrup, yeast, contains 2% or less of the following: wheat gluten, vegetable oil (soybean or canola oil), salt, dough conditioners (sodium stearoyl, lactylate, calcium stearoyl-2-lactylate, monoglycerides, calcium peroxide, datem), soy flour, calcium sulfate, calcium propionate, monocalcium phosphate.

**Hamburger Bun, Whitewheat**- Unbleached enriched wheat flour [flour, malted barley flour, niacin, reduced iron, thiamin mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid (a b vitamin), water, sugar, fiber (soy fiber and/or cottonseed fiber), wheat gluten, yeast, contains 2% or less of each of the following: calcium sulfate, vegetable oil (soybean oil or canola oil), salt, soy flour, dough conditioners (sodium stearoyl lactylate, calcium stearoyl-2-lactylate, monoglycerides, calcium iodate, ethoxylated mono and diglycerides, calcium peroxide, datem, azodicarbonamide) cultured wheat flour, guar gum, vinegar, ferrous sulfate, thiamin hydrochloride, monocalcium phosphate, yeast food (ammonium sulfate), soy lecithin

**Hamburger Bun**- unbleached enriched wheat flour (flour, malted barley flour, niacin, reduced iron, thiamin mononitrate (B-1), riboflavin (B-2), folic acid (A B Vitamin), water, high fructose corn syrup, yeast, vegetable oil (soybean or canola oil), contains 2% or less of the following: wheat gluten, salt, dough conditioners (sodium stearoyl, lactylate, calcium stearoyl-2-lactylate, monoglycerides, calcium peroxide, datem), soy flour, calcium sulfate, calcium propionate, monocalcium phosphate, yeast food, soy lecithin.

**Hot dog Bun, Whitewheat-** Unbleached enriched wheat flour [flour, malted barley flour, niacin, reduced iron, thiamin mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid (a b vitamin), water, sugar, fiber (soy fiber and/or cottonseed fiber), wheat gluten, yeast, contains 2% or less of each of the following: calcium sulfate, vegetable oil (soybean oil or canola oil), salt, soy flour, dough conditioners (sodium stearoyl lactylate, calcium stearoyl-2-lactylate, monoglycerides, calcium iodate, ethoxylated mono and diglycerides, calcium peroxide, datem, azodicarbonamide) cultured wheat flour, guar gum, vinegar, ferrous sulfate, thiamin hydrochloride, monocalcium phosphate, yeast food (ammonium sulfate), soy lecithin

**Hot dog Bun-** unbleached enriched wheat flour (flour, malted barley flour, niacin, reduced iron, thiamin mononitrate (B-1), riboflavin (B-2), folic acid (A B Vitamin), water, high fructose corn syrup, yeast, contains 2% or less of the following: wheat gluten, vegetable oil (soybean or canola oil), salt, dough conditioners (sodium stearoyl, lacylate, calcium stearoyl-2-lactylate, monoglycerides, calcium peroxide, datem), soy flour, calcium sulfate, calcium propionate, monocalcium phosphate.

**Sub Roll-** unbleached enriched wheat flour (flour, malted barley flour, niacin, reduced iron, thiamin mononitrate (B-1), riboflavin (B-2), folic acid (A B Vitamin), water, high fructose corn syrup, yeast, contains 2% Or less of the following: wheat gluten, vegetable oil (soybean or canola oil), salt, dough conditioners (sodium stearoyl, lacylate, calcium stearoyl-2-lactylate, monoglycerides, calcium iodate, calcium peroxide, datem), soy flour, calcium sulfate, calcium propionate, monocalcium phosphate. Yeast food if sesame seeds are added.

**Wheat Bread** – Stone ground whole wheat flour, water, brown sugar, yeast, wheat gluten, contains 2% or less of each of the following: salt, vegetable oil (soybean oil or canola oil), dough, conditioners (sodium stearoyl lactylate, calcium, stearoyl-2-lactylate, monoglycerides, calcium iodate, ethoxylated mono and diglycerides, calcium peroxide, datem), cultured wheat flour, vinegar, calcium sulfate, monocalcium, phosphate, yeast food (ammonium sulfate), soy lecithin

**White Bread (Whitewheat)** - Unbleached enriched wheat flour [flour, malted barley flour, niacin, reduced iron, thiamin mononitrate (vitamin b1), riboflavin (vitamin b2), folic acid (a b vitamin), water, sugar, fiber (soy fiber and/or cottonseed fiber), wheat gluten, yeast, contains 2% or less of each of the following: calcium sulfate, calcium carbonate, vegetable oil (soybean oil or canola oil), salt, soy flour, dough conditioners (sodium stearoyl lactylate, calcium stearoyl-2-lactylate, monoglycerides, calcium iodate, ethoxylated mono and diglycerides, calcium peroxide, datem, azodicarbonamide) cultured wheat flour, guar gum, vinegar, ferrous sulfate, thiamin hydrochloride, monocalcium phosphate, yeast food (ammonium sulfate), soy lecithin

# FRUITS/VEGETABLES

**Apples, Spiced**- Canned, sliced apples (apples, corn syrup, high fructose corn syrup, water, erythorbic acid), brown sugar, sugar, butter, cinnamon, salt.

**Beans, Green (canned)**: Beans, water and salt.

**Carrots, Baby**: Carrots

**Corn (Canned)**: Corn, water, sugar and salt.

**French Fries** (Natural crisp #10071179475125)- Potatoes, vegetable oil (canola, soybean, and/or sunflower oils), bleached wheat flour, rice flour, tapioca dextrin, food starch modified, salt, sugar, leavening (sodium acid pyrophosphate, sodium bicarbonate), guar gum, dextrose, natural and artificial flavor, disodium dihydrogen phosphate.  
CONTAINS: WHEAT

**Fries, Lattice Cut**, (McCain # MCL03623)- Potatoes, vegetable oil (one or more of the following: canola, soybean, cottonseed oil, and/or sunflower oils), bleached enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid) wheat, salt, tapioca starch- modified, dextrin, garlic powder, onion powder, spice, destrose, leavening ( sodium acid pyrophosphate, sodium bicarbonate), spice and coloring, xanthan gum, annatto (color), dextrose, sodium acid pyrophosphate (preserve natural color).  
CONTAINS: WHEAT

**Fruited Jello**: Gelatin: Sugar, gelatin, adipic acid, contains less than 2% of artificial flavor, disodium phosphate and sodium citrate, fumaric acid. Cherry (Red 40, blue 1). Orange (Yellow 6, red 40, BHA) Lime (Yellow 5, blue 1, BHA). Fruit varies.

**Juices, Orange or Apple, Fruit blend** (Pet)- **Orange**: Water, (Pear, apple, orange and pineapple juice concentrates) Natural flavor, Citric acid, ascorbic acid (Vitamin C), yellow 6 **Apple**: Water, (Pear, apple and pineapple juice concentrates), citric acid, natural flavor, ascorbic acid (Vitamin C). **Fruit Blend**: Water, (Pineapple, pear and apple juice concentrates), natural and artificial flavor, citric acid, ascorbic acid (Vitamin C), red 40.

**Peas (Canned)**: Peas, water, sugar and salt.

**Potatoes, Mashed** (Idahon #204657)- Idaho potatoes, salt, nonfat dry milk, partially hydrogenated oil (contains one or more of the following: soybean, cottonseed, sunflower), monoglycerides, calcium stearoyl lactylate, spice, artificial color, natural and artificial flavors, sodium acid pyrophosphate, Vitamin C, sodium bisulfate, citric acid, and mixed tocopherols.  
CONTAINS MILK & SOY

**Sherbet, Luigi**- Water, sugar, apple juice concentrate, corn syrup, milk, cream, less than 2% guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan, tetradsodiumpyrophosphate, citric acid, natural and/or artificial flavors, sweet whey, (depending on flavor: lime, grape, raspberry or orange juice concentrate), nonfat dry milk, ascorbic acid (Vitamin C). Lime: FD&C yellow #5 and FD&C blue #1. Grape: FD&C red #40 and FD&C blue #1. Raspberry: FD&C red #40. Orange: FD&C yellow #6. Lemon: FD&C yellow#5. Mango : FD&C yellow #5 & FD&C yellow #6.

**Sherbet, Luigi, chocolate only-** Water, sugar, apple juice concentrate, corn syrup, milk, cocoa powder, cream, less than 2% guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan, tetradsodiumpyrophosphate, sweet whey, nonfat dry milk, ascorbic acid. CONTAINS : MILK INGREDIENTS

**Sweet potato Puffs** - (Lamb Weston #4463)- Sweet Potatoes, canola oil, sugar, modified food starch, potato starch, rice flour, cornstarch, dextrin, salt, natural flavor, coloring (turmeric, oleoresin, paprika), dextrose, xanthan gum, leavening (disodium dihydrogen pyrophosphate, sodium bicarbonate).

**Soup, Tomato** (Campbell's #00016)- Tomato Puree (water, tomato paste), high fructose syrup, wheat flour, water, salt, potassium chloride, flavoring, citric acid, lower sodium natural sea salt, ascorbic acid (Vitamin C), monopotassium phosphate.

**Soup, Vegetable**- (Homemade)- Water; Tomatoes, whole canned; tomato paste; carrots, canned; lima beans, canned; green beans, canned; corn, canned; peas, canned; kidney beans, canned, celery, canned; onions, dehydrated, chicken base, dry; sugar; salt; pepper.

## Other

**BBQ Sauce** (#Sauers #06368)-, High fructose corn syrup, corn syrup, distilled vinegar, water, tomato paste, molasses, modified food starch, salt, caramel color, spices, smoke flavoring (liquid smoke flavoring, maltodextrin), garlic juice, chili powder (chili peppers, cumin, salt, garlic, silicon dioxide) onion juice, cider vinegar, natural flavors, garlic powder, potassium sorbate, sodium benzoate (as preservative). NO ALLERGENS

**Dressing, Country French, Ken's** (KE748ZW)- Vegetable oil (soybean and/or Canola), High Fructose Corn Syrup, vinegar (distilled cider), vermont honey, tomato paste, contains 2% or less of salt, paprika, Spice, Xanthan gum, onion, garlic, beet powder.

**Dressing, Vinaigrette, lite, Ken's** (KE636ZW)- Water, vinegar (distilled balsamic), olive oil, vegetable oil (soybean and/or canola), sugar, contains 2% or less extra virgin oil, olive oil, salt, spices, garlic, xanthan gum, red bell peppers, onion, sodium benzoate and calcium disodium edta (as preservative).

**Dressing, Lite Ranch, Ken's** ( )- Water, vegetable oil (soybean and canola oil), distilled vinegar, maltodextrin, corn syrup, egg yolk, sugar, buttermilk solids (milk), contains 2% or less of salt, garlic, onion, xanthan gum, monosodium glutamate, modified corn starch, natural flavors, disodium inosinate and disodium guanylate, sorbic acid, phosphoric acid, calcium disodium, edta to protect flavor.

**Gravy, Brown** (Trio #38272)- Cornstarch, maltodextrin, hydrolyzed corn gluten, soy protein and wheat gluten, soybean oil, salt, less than 2% of vegetable oil (partially hydrogenated coconut oil, soybean oil and cottonseed oils), corn syrup solids, sodium caseinate (from milk), dipotassium phosphate, mono- and diglycerides, silicon dioxide, soy lecithin, xanthan gum, caramel color, disodium inosinate and disodium guanylate, natural and artificial flavors, citric acid, onion powder, titanium dioxide, red 40.

CONTAINS MILK, SOY & WHEAT

**Gravy, Chicken** (Trio #38282) -maltodextrin, cornstarch, hydrolyzed corn and wheat gluten, partially hydrogenated soybean and cottonseed oils, soybean oil, salt, less than 2% of thiamin hydrochloride, sugar yeast extract, xanthan gum, disodium inosinate and disodium guanylate, parsley, natural and artificial flavors.

CONTAINS WHEAT may contain SOY & MILK.

**Hot Sauce** (Sauers #06317)- Aged cayenne peppers, vinegar, salt, xanthan gum.

**Margarine Cups** (Country Premium #83340)- Liquid and partially hydrogenated soybean oil, water, salt, vegetable mono & diglycerides, soy lecithin, potassium sorbate and citric acid (preservative), artificial flavor, colored with beta carotene, Vitamin A palmitate. CONTAINS SOY

**Mayonnaise Packet** (Duke's #05499)- Soybean oil, Eggs, water, vinegar, salt, oleoresin paprika, and natural flavors. CONTAINS SOY & EGGS

**Pancake Syrup-** (Sauer's #06383) Corn Syrup, high fructose corn syrup, water, sugar, Natural and artificial flavor, caramel color, salt, cellulose gum, potassium sorbate, sodium benzoate.

**Salsa-** tomatoes, tomato puree, onions, fresh green chili peppers, jalapeno peppers, salt, vinegar, green peppers, cilantro, cumin, coriander, xanthan gum, flavorings or modified starch

**Sweet & Sour Sauce** (Sauers # 06385)- High fructose corn syrup, water, distilled and cider vinegar, pineapple juice concentrate, modified food starch, salt, spices, red and green bell peppers, soy sauce (water, salt, hydrolyzed soy protein, corn syrup, caramel color, potassium sorbate (preservative), xanthan gum, soybean oil, garlic, onion, sugar, turmeric, beta carotene, citric acid, potassium sorbate and potassium benzoate (preservative), FD&C yellow #6, oleoresin paprika. CONTAINS SOY may contain WHEAT.

**Taco Sauce** (Sauers #06508)- Water, distilled vinegar, tomato Paste, modified food starch, salt, spices, soy sauce (water, salt, hydrolyzed soy protein, corn syrup, caramel color, potassium sorbate (preservative)), onion, garlic, corn flour, modified food starch, hydrolyzed soy and corn protein, caramel color, monosodium glutamate, paprika, sodium benzoate (preservative). CONTAINS SOY may contain WHEAT.

**Tartar Sauce** (#43810)- Soybean oil, pickle relish(cucumbers, distilled vinegar, salt, xanthan gum, natural flavor, water, sodium benzoate as preservative), water, distilled vinegar, high fructose corn syrup, corn syrup, egg yolk, modified food starch, salt, spice, xanthan gum, sodium benzoate as preservative, natural flavors, dehydrated onion, calcium disodium edta to protect flavor.

# Breakfast

**Cereal, General Mills Rice Chex**(#47595) – Rice, whole grain rice, sugar, salt, molasses, vitamin E (mixed tocopherols) and bht added to preserve freshness. Vitamins and minerals: calcium carbonate, iron and zinc (mineral nutrients), vitamin C (sodium ascorbate), AB Vitamin (niacinamide), pyridoxine hydrochloride (vitamin B6) riboflavin (vitamin B2), thiamin hydrochloride (vitamin B1), vitamin A palmitate, AB Vitamin (folic acid), vitamin B12, Vitamin D.

**Cereal, Kellogg's, Apple Jacks, Reduced Sugar**(#05019) – Corn flour, sugar, wheat flour, whole oat flour, apple cinnamon granules (sugar, milled corn, apple juice concentrate, dried apples, cinnamon, modified corn starch, calcium phosphate, salt, baking soda, red #40) salt, yellow #6, sodium ascorbate and ascorbic acid (vitamin C), niacinamide, reduced iron, zinc oxide, pyridoxine hydrochloride (vitamin B6) riboflavin (vitamin B2), thiamin hydrochloride (vitamin B1) turmeric color, vitamin A palmitate, BHT (preservative), blue #1, folic acid, vitamin D, vitamin B12. Contains wheat ingredients. Corn used in this product contains traces of soybeans.

**Cereal, Kellogg's, Frosted Flakes**, (#00521) – Milled corn, sugar, malt flavoring, high fructose corn syrup, salt, sodium ascorbate and ascorbic acid (vitamin C), niacinamide, iron, pyridoxine hydrochloride (vitamin B6) riboflavin (vitamin B2), thiamin hydrochloride (vitamin B1), vitamin A palmitate, folic acid, BHT (preservative), vitamin B12 and vitamin D. Corn contains traces of soybeans.

**Cereal, Cheerios, General Mills**, – Whole grain oats (includes the oat bran) modified food starch, sugar, salt, tripotassium phosphate, oat fiber, wheat starch, vitamin E (mixed tocopherols) (For freshnes), Vitamins and minerals: calcium carbonate, iron, zinc, vitamin C (sodium ascorbate ), niacinamide, pyridoxine hydrochloride (vitamin B6), vitamin A palmitate, riboflavin (vitamin B2), thiamin mononitrate (vitamin B1), folic acid, vitamin B12, and vitamin D. CONTAINS WHEAT

**Cereal, Kellogg's, Eggo, Maple Syrup**, (#04640) – Whole wheat flour, sugar, whole oat flour, corn meal, high fructose corn syrup, palm oil, salt, dicalcium phosphate, partially hydrogenated soybean oil with TBHQ and citric acid to preserve quality, molasses, ascorbic acid (vitamin C) natural and artificial flavors, yellow #5, niacimamide, reduced iron, zinc oxide, pyridoxine hydrochloride (vitamin B6), BHT (preservative), riboflavin (vitamin B2), thiamin hydrochloride (vitamin B1), vitamin A palmitate, folic acid, vitamin D, vitamin B12. Less than 0.5g transfat per serving. Contains wheat ingredients. Corn used in this product contains traces of soybeans.

**Cereal, Kellogg's, Froot Loop's, Reduced Sugar** – (#04917) corn flour, sugar, wheat flour, whole grain flour, partially hydrogenated vegetable oil (one or more of coconut cottonseed and soybean), salt, sodium ascorbate and ascorbic acid (vitamin C), niacinamide, red #40, reduced iron, natural orange, lemon, cherry, raspberry, blueberry, lime and other natural flavors, blue #2, yellow #5, zinc oxide, turmeric color, blue #1, pyridoxine hydrochloride (vitamin B6), riboflavin (vitamin B2), annatto color, thiamin hydrochloride (vitamin B1) vitamin A, palmitate, BHT (preservative) folic acid, vitamin B12, vitamin D. contains wheat ingredients, corn contains traces of soybeans.

**Cereal, Kellogg's, Rice Krispies** – (#05096) rice, sugar, salt, malt flavoring, high fructose corn syrup, vitamins and iron: iron, ascorbic acid (vitamin C), niacinamide, pyridoxine hydrochloride (vitamin B6), riboflavin (vitamin B2), thiamin hydrochloride (vitamin B1), vitamin A palmitate, folic acid, vitamin D and vitamin B12.

**Donut, Glazed**(Super Bakery #9302)- Enriched flour (flour, niacin, iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, partially hydrogenated vegetable oil, soybean oil, cottonseed and /or palm oil, wheat protein, nonfat milk, soy flour, dextrose, leavening (baking soda, sodium acid pyrophosphate, sodium aluminum phosphate, glucono delta lactone), cornstarch, milk protein, soybean oil, calcium carbonate, contains 2% or less of the following: soy lecithin, salt, whey, calcium carbonate, magnesium phosphate, lecithin, egg whites, wheat starch, mono & diglycerides, cornstarch, buttermilk solids, natural flavor, vitamin C ascorbic acid, calcium phosphate, extracts of annatto and turmeric, ferrous sulphate, vitamin E alpha tocopheryl acetate, niacinamide, agar, calcium pantothenate, titanium dioxide, vitamin A palmitate, vitamin B6 pyridoxine hydrochloride, vitamin B1 thiamine mononitrate, vitamin B2 riboflavin, folic acid, Vitamin B12 cyanocobalamin, vitamin D.  
CONTAINS WHEAT & MILK & SOY AND EGGS

**Donut, Powdered** (Super Bakery #9028)- Enriched flour (flour, niacin, iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, partially hydrogenated vegetable oil, (soybean oil, cottonseed and /or palm oil), nonfat milk, soy flour, dextrose, leavening (baking soda, sodium acid pyrophosphate, sodium aluminum phosphate, glucono delta lactone), salt, whey, natural flavor, lecithin, egg whites, wheat starch, mono & diglycerides, colored extracts of annatto and turmeric flavor, sodium propionate  
CONTAINS WHEAT & MILK & SOY AND EGGS

**Donut, Proball, glazed** (Super Bakery #9100)- Enriched flour (flour, niacin, iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, partially hydrogenated vegetable oil, (soybean oil, cottonseed and /or palm oil), wheat protein, soy flour, rye flour, leavening (baking soda, sodium acid pyrophosphate, sodium aluminum phosphate, monocalcium phosphate), milk, protein, salt, mono & diglycerides, whey, lecithin, nonfat milk, sodium caseinate, eggs, magnesium phosphate, gelatinized, wheat starch, vitamin A, ascorbic acid, fumaric acid, egg yolk, natural and artificial flavoring, , ferrous sulphate , dextrose, cornstarch, titanium dioxide, vitamin D, vitamin E, alpha tocopheryl acetate, niacinamide , calcium pantothenate, vitamin A palmitate, vitamin B6 pyridoxine hydrochloride, vitamin B1 thiamine mononitrate, vitamin B2 riboflavin, Vitamin B12 cyanocobalamin, folic acid.  
CONTAINS WHEAT & MILK & SOY AND EGGS

**Donut, Proball, Cinnamon** (Super Bakery #9101)- Enriched flour (flour, niacin, iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, partially hydrogenated vegetable oil, (soybean oil, cottonseed and /or palm oil), wheat protein, soy flour, rye flour, leavening (baking soda, sodium acid pyrophosphate, sodium aluminum phosphate, monocalcium phosphate),milk protein, salt, mono & diglycerides, whey, lecithin, nonfat milk, sodium caseinate, eggs, starch, cinnamon, vitamin A, ascorbic acid, fumaric acid, egg yolk, natural and artificial flavoring, , ferrous sulphate , dextrose, cornstarch, titanium dioxide, vitamin D, vitamin E, alpha tocopheryl acetate, niacinamide , calcium pantothenate, vitamin A palmitate, vitamin B6 pyridoxine hydrochloride, vitamin B1 thiamine mononitrate, vitamin B2 riboflavin, Vitamin B12 cyanocobalamin, folic acid.  
CONTAINS WHEAT & MILK & SOY AND EGGS

**Donut, Proball, Powdered** (Super Bakery #9102)- Enriched flour (flour, niacin, iron, thiamine, mononitrate, riboflavin, folic acid), water, sugar, partially hydrogenated vegetable oil, (soybean oil, cottonseed and /or palm oil), wheat protein, soy flour, rye flour, leavening (baking soda, sodium acid pyrophosphate, sodium aluminum phosphate, monocalcium phosphate), milk protein, salt, mono & diglycerides, whey, lecithin, nonfat milk, sodium caseinate, eggs, magnesium phosphate, gelatinized wheat starch, vitamin A ascorbic acid, fumaric acid, egg yolk, natural and artificial flavoring, , ferrous sulphate , dextrose, cornstarch, titanium dioxide, vitamin D, vitamin E, alpha tocopheryl acetate, niacinamide , calcium pantothenate, vitamin A palmitate, vitamin B6 pyridoxine hydrochloride, vitamin B1 thiamine mononitrate, vitamin B2 riboflavin, Vitamin B12 cyanocobalamin, folic acid.  
CONTAINS WHEAT & MILK & SOY AND EGGS

**Egg & Cheese Biscuit- Biscuit:** see biscuit under breads. **Egg:** (Michaels # 61688)- Egg, water, whey solids, non-fat dry milk, corn syrup solids, xanthan gum, citric acid **Egg:** (Michaels #15551) Whole eggs, vegetable oil (corn and/or soybean oil), whey solids, nonfat dried milk, salt, xanthan gum, citric acid, white pepper, artificial butter flavor (partially hydrogenated soy and cotton seed oils, medium chain triglycerides,, flavors). **Cheese:** see cheese

**French Toast, glazed**(Michael's #85817)- Whole wheat flour, high fructose corn syrup, yeast, wheat gluten, contains 2% or less of each of the following: enriched bleached flour[wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid], soybean oil, salt, wheat protein isolate (Wheat gluten, lactic acid, sulfite). Sodium stearoyl lactylate, calcium propionate (preservative), ascorbic acid (added as dough conditioner), micro crystalline cellulose, corn starch. **Egg Mix:** Whole eggs, whey, sugar, contains 2% or less of each of the following: nonfat milk, salt, natural vanilla flavor, (water, alcohol, propylene glycol, invert syrup, flavor and caramel color), xanthan gum, citric acid. Cinnamon glaze: Partially hydrogenated soybean oil, sugar, cinnamon, salt soy lecithin, natural and artificial butter flavors beta carotene (color), vitamin A palmitate, TBHQ (added to protect flavor).  
CONTAINS WHEAT, SOY, MILK AND EGGS

**Ham & Cheese Biscuit-** Biscuit: see biscuit under breads. Ham: (House of Raeford #97263) Turkey thigh meat, water, salt, corn syrup solids, brown sugar, sodium citrate, sodium phosphate, sodium diacetate, sodium erythorbate, sodium nitrate. Cheese: see cheese

**Pancakes, mini**(Pillsbury #31519) –Water, whole wheat flour, enriched flour, (wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), sugar, soybean oil, high fructose corn syrup, contains less than 2% of the following: leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), nonfat milk, brown sugar, whey, corn syrup, corn cereal, salt, eggs, modified corn starch, palm oil, natural and artificial flavoring.  
CONTAINS WHEAT & EGG & MILK

**Pizza, Breakfast, Sausage & Gravy (Middle school)** (Nardone's #80MSG100)- **Crust:** enriched flour (malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, soybean oil contains 2% or less of sugar, salt, dough conditioners (yeast), datem, **Cheese:** Low Moisture part skim mozzarella cheese (cultured pasteurized skim milk, salt, sodium aluminum phosphate, lactic acid, natural flavor, sodium citrate, sorbic acid (preservative), sodium phosphate, artificial color, guar gum, artificial flavor, magnesium oxide, ferric orthophosphate, zinc oxide, riboflavin, cyanocobalamin, folic acid, pyridoxine hydrochloride (B6), niacinamide, thiamine mononitrate, vitamin A palmitate. **Gravy:** modified food starch, non dairy creamer (partially hydrogenated soybean oil, corn syrup solids, sodium caseinate), mono & diglycerides, sodium citrate, salt, carrageenan, nonfat milk, salt, shortening ((partially hydrogenated soybean oil, corn syrup solids, sodium caseinate, natural Pork Fat Flavor, (hydrolyzed corn and soy protein, autolyzed yeast extract, corn gluten, disodium inosinate & guanylate, pork lard and bacon fat), spices, onion, chicken fat, natural cream flavor (maltodextrin and flavor. **Sausage:** ground pork (no more than 30% fat), water spices, salt, dextrose.  
CONTAINS MILK, SOY & WHEAT.

**Sausage Biscuit- Biscuit:** see biscuit under Breads **Sausage :**(Jones Farm)18740 or Pierre (3750) see Sausage under entrees